

Inner Peace and Kreative Design

Interior designer Sherry Burton Ways masters the art of interior Feng Shui

Written by Merlisa Lawrence Corbett



Sherry Burton Ways

A self-described spiritual person, Sherry Burton Ways considers the places we live as an extension of the people we are or wish to be. A certified Feng Shui practitioner, Ways combines her expertise in space planning with her holistic approach to interior design. While incorporating the art of Feng Shui, an ancient Chinese system of aesthetics often used to improve a person's sense of wellness, Burton Ways has created a unique decorating business.

"I started studying Feng Shui at about the same time I started studying interior design," said Ways. "I was always a spiritual person and interested in the metaphysical."

The impact of a person's environment on their sense of well-being is the focus of Ways' business, Kreative Ways & Solutions, LLC. More than merely an interior design firm, Kreative Ways & Solutions offers residential and commercial clients environment coaching.

Before going into interior design, Ways spent 10 years as an urban planner and holds a Master's Degree in Urban Planning from Morgan State. She launched her interior design career nearly seven years ago. "I remember talking to my pastor who encouraged me to create spaces to make people

feel good," said Ways, who believes in the harmony of science and nature.

Based in Washington DC, Kreative Ways grew from Ways' gravitation to offering comprehensive Feng Shui services. Ways and her team use color therapy, feng shui and eco-friendly materials to create inspirational and supportive environments for people going through life transitions. "People are under increasing stress these days and many are interested in transforming their homes into retreats. This includes spa baths, relaxing family rooms, tranquil patios and even prayer or meditation rooms."

One young Virginia couple, expecting their first child, hired Ways to remodel their home while preparing for their new arrival. The color scheme was based on personal feng shui readings of both parents. The husband, a Yin Wood type, needed more water, which was represented by the color blue to enhance energy. "Wood is stimulated by water," says Ways. The wife possessed more a fire element and benefited from water. With this, Ways incorporated furnishings handed down from family to honor the couple's ancestry and create a generational bond with the child. Ultimately, they were thrilled with the harmonious look and feel of their home.

Ways has entered into a contract with the Imagine Yoga and Wellness Center and will offer interior environment coaching at the Bowie, Maryland location.

As a board member of Peace X Peace, a non-profit that encourages and facilitates peace and connects women all of the world, Ways was recently named to the National Advisory Board of Certified Interior Environment Coaches through the DeGangi Group. ●